

What is XOFIGO?

XOFIGO is a treatment used for prostate cancer that has spread to the bones.

It contains a small amount of radiation that targets cancer in the bones while limiting exposure to the rest of the body.

XOFIGO may help:

- Reduce bone pain
- Slow cancer growth in the bones
- Lower the risk of bone-related complications

What to expect day of treatment:

You may eat and drink normally before your appointment and continue taking your prescribed medications unless your care team has given you different instructions.

Please plan to arrive on time for your appointment. Most patients are able to return home shortly after the injection is completed.

How your treatment is given:

XOFIGO is given as a small injection into a vein in your arm in the Imaging Department. The visit typically takes about 30–60 minutes. Treatments are usually scheduled once every 4 weeks, for up to 6 total treatments, depending on your care plan.

Activity & daily life:

Most patients are able to continue their normal daily activities during treatment, including spending time with family and friends. Be sure to stay well hydrated, attend all scheduled lab work and follow-up appointments, and report any new or worsening symptoms to your care team.

After your treatment:

After receiving XOFIGO, a small amount of radiation will leave your body through urine and stool. For 1 week following each treatment, it is important to follow safety precautions to protect others:

- Flush the toilet twice after each use
- Wash your hands thoroughly with soap and water
- Use disposable gloves if cleaning any spills of urine or stool
- Wash any soiled clothing separately

These steps are especially important for protecting children and pregnant individuals.

Possible side effects:

Most side effects are mild and temporary, and your care team will monitor you closely throughout treatment. Some patients may experience fatigue, diarrhea or an upset stomach, swelling in the legs or ankles, or changes in blood counts.

When to call your care team:

It is important to contact your care team if you experience symptoms that are more serious or do not improve.

Call if you have a fever or chills, signs of infection, unusual bleeding or bruising, severe diarrhea or dehydration, or new or worsening bone pain.

**Questions? Please call our Imaging Department
309.243.3421**



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