# LUNG CANCER AWARENESS



#2

Most common cancer amongst men and women in the USA

56%

of patient diagnosed at an early stage will live 5 years

**ONE** 15

people will be diagnosed with lung cancer in the USA

17%

of patients diagnosed at late stage live 5 years

## **RISK FACTORS**

While doctors cannot always explain why one person develops lung cancer and another does not, there are certain risk factors that research has shown increase a person's chance of developing lung cancer.

- Tobacco smoke
- Radon
- Asbestos and other carcinogens
- Air pollution
- Family or personal history of lung cancer
- Radiation therapy
- Age 65 and older
- History of lung disease
- Diet

## 80% OF LUNG CANCER PATIENTS DIAGNOSED AT ADVANCED STAGE. LUNG CANCER IS GENERALLY ASYMPTOMATIC DURING EARLY STAGES

#### You can help lower your risk of lung cancer in the following ways

- Don't smoke. The most important thing you can do to prevent lung cancer is to not start smoking, or to quit if you currently smoke.
- Avoid secondhand smoke. Smoke from other people's cigarettes, cigars, or pipes is called secondhand smoke. Make your home and car smoke-free.
- **Get your home tested for radon.** The U.S. Environmental Protection Agency recommends that all homes be tested for radon.
- Be careful at work. Health and safety guidelines in the workplace can help workers avoid carcinogens—things that can cause cancer.

### **SCREENING**



Screening is looking for cancer before a person has any symptoms. This can help find cancer at an early stage, when it is easier to treat.

A low dose CT scan is recommended to screen for lung cancer. Annual screening is recommended for **high risk** people who:

- Have a history of heavy smoking, and
- Smoke now or have quit within the past 15 years, and
- Are between 55 and 74 years old.

## TREATMENT

Treatment is based on a number of factors, such as your overall health, the type and stage of your cancer, and your preferences. Treatments options for lung cancer may include (1 or more):

- Surgery
- Radiation Therapy
- Chemotherapy
- Targeted drug therapy
- Immunotherapy
- Palliative care

Illinois CancerCare has over 30 clinical trials currently open and available for our lung cancer patients.

www.illinoiscancercare.com/clinical-trials