**Mission**

To provide comprehensive, compassionate care that enhances the lives of patients and their families.

Illinois CancerCare has provided medical care for patients with cancer and blood disorders since 1977. Illinois CancerCare is one of the largest private oncology and hematology practices in the nation. We were among the first to bring physicians, nurses and state-of-the-art cancer and blood disorder treatment to patients right in their home-town communities. Almost every resident of central Illinois who needs treatment can receive the very best care and latest treatments within an hour from his or her home, eliminating the burden of long travel and unfamiliar surroundings during a difficult time.

As you read through this information, please know that our physicians, advanced practice nurses, nurses, and staff are always available to answer your questions. We understand that you may feel anxious and overwhelmed and we want to assure you that we will do everything in our power to make you feel comfortable.

Please check out our website at [www.illinoiscancercare.com](http://www.illinoiscancercare.com). On the website you can access the Illinois CancerCare Patient Portal. A patient portal is an on-line website allowing you to access your health information safely, quickly and easily. We believe that providing tools to assist you in participating in your care allows us to provide optimal care.

To join the portal, provide your email address on the patient registration form. An invitation to join the portal will then be sent to your email address. Click the link and follow the instructions to set up your portal account. Access to the portal is through the Illinois CancerCare website at [www.illinoiscancercare.com](http://www.illinoiscancercare.com). The cover letter included with this packet gives instructions about the clinic where you will be seeing your Illinois CancerCare physician. There is also detailed information about each clinical location on the website under “View Our Locations.”

You will receive information about the Healthcare Insurance Portability and Accountability Act of 1996 (HIPAA) Privacy Rule, which created national standards to protect individuals’ medical records and other personal health information. The law enables patients to find out how their information may be used, and about certain disclosures of their information that have been made.
WELCOME TO ILLINOIS CANCERCARE

Locations

Treatment Close To Home
We currently have 13 clinics in central and western Illinois.

- Bloomington
- Canton
- Carthage
- Dixon
- Eureka
- Galesburg
- Kewanee
- Macomb
- Ottawa
- Pekin
- Peoria
- Peru
- Princeton

After hours, weekend and holiday Emergency
Call 309-243-3000
(answering service will take call)
Bloomington Clinic – 309-662-2102

Other important numbers
Illinois CancerCare Retail Pharmacy – 309-243-3404
Illinois CancerCare Billing Office – 309-243-3500
Quality Assurance – 309-243-3456
(share your opinions, comments, concerns and suggestions)
**Locations**

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Phone Number</th>
<th>Days Open</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Peoria – Illinois CancerCare</strong></td>
<td>8940 N Wood Sage Rd</td>
<td>(309) 243-3000</td>
<td>Monday – Thursday 7:30am – 5pm; Friday 8am – 5pm</td>
</tr>
<tr>
<td><strong>Eureka</strong></td>
<td>101 S Major St</td>
<td>(309) 304-2000 ext. 482480</td>
<td>Wednesdays</td>
</tr>
<tr>
<td><strong>Bloomington</strong></td>
<td>3105 Magory Dr</td>
<td>(309) 662-2102</td>
<td>Monday - Friday 8am to 5pm (Office) / 8am to 4pm (Lab)</td>
</tr>
<tr>
<td><strong>Galesburg</strong></td>
<td>336 Home Blvd</td>
<td>(309) 341-3000</td>
<td>Monday - Friday 8am to 5pm (Office) / 7:30am to 4pm (Lab)</td>
</tr>
<tr>
<td><strong>Peru – Valley Regional Cancer Center</strong></td>
<td>4391 Venture Dr</td>
<td>(815) 223-7010</td>
<td>Monday - Thursday</td>
</tr>
<tr>
<td><strong>Ottawa – Fox River Cancer Center</strong></td>
<td>1200 Starfire Dr</td>
<td>(815) 431-9270</td>
<td>Monday, Tuesday, Friday</td>
</tr>
<tr>
<td><strong>Pekin</strong></td>
<td>1641 Broadway St</td>
<td>(309) 349-9000</td>
<td>Monday - Thursday</td>
</tr>
<tr>
<td><strong>Canton</strong></td>
<td>180 S. Main St</td>
<td>(309) 649-8960</td>
<td>Wednesday and Thursday</td>
</tr>
<tr>
<td><strong>Kewanee</strong></td>
<td>1051 West South St</td>
<td>(309) 243-3000</td>
<td>Mondays</td>
</tr>
<tr>
<td><strong>Princeton</strong></td>
<td>530 Park Ave East</td>
<td>(815) 875-3010</td>
<td>Thursdays</td>
</tr>
<tr>
<td><strong>Macomb</strong></td>
<td>501 E Grant</td>
<td>(309) 833-3503</td>
<td>Tuesdays and Thursday</td>
</tr>
<tr>
<td><strong>Carthage</strong></td>
<td>1450 N. Co. Rd. 2050</td>
<td>(217) 357-6877</td>
<td>Tuesday mornings</td>
</tr>
<tr>
<td><strong>Dixon</strong></td>
<td>101 W. 2nd Street</td>
<td>(815) 285-7800</td>
<td>Tuesdays and Friday</td>
</tr>
</tbody>
</table>

**WELCOME TO ILLINOIS CANCERCARE**

8940 N Wood Sage Rd       I       Peoria, IL 61615       I       309.243.3000       I      illinoiscancercare.com
COMPREHENSIVE CANCER CENTER
Illinois CancerCare cares for the whole patient, not just the medical and physical needs. Many professionals partner together to give the best care.

ONE OF THE LARGEST PRIVATE ONCOLOGY PRACTICES IN THE NATION

FOUNDED 1977

ONE OF THE FIRST FOR LOCAL TREATMENT
Illinois CancerCare was one of the first in the nation to bring cutting edge treatment close to home by opening 13 clinic locations in central and western Illinois.

100 CLINICAL TRIALS
Open at any given time

GENETIC CLINIC
Illinois CancerCare’s Genetic Clinic specializes in testing and counseling for the 10% of cancers that can have a genetic link.

PARTNERS WITH All Healthcare Systems
Illinois CancerCare is owned by partner physicians and works with all community healthcare systems to provide continuity in care.

18 PHYSICIANS
400 Healthcare and Employee Professionals

Full Service PHARMACY
Illinois CancerCare has a full service pharmacy with free delivery service. Our pharmacists specialize in cancer medicine and its interaction with all other medications.
First Visit

As a patient new to Illinois CancerCare, you probably have some questions about our facilities and preliminary procedures. The following information will give you an overview of what to expect. If you are able, please bring a friend or family member with you to your appointment. Sometimes the amount of information that you will be receiving is overwhelming and having someone along is helpful.

Where do I go when I arrive? **Peoria Clinic**
Ample parking is available at our medical facility. If you are disabled, several handicapped parking spots are available at the front of the building. Please take advantage of our circular drop-off area. Volunteers are available to assist you into the building. Once inside, please check in with the receptionists who will then direct you to your appointment location. Usually, lab and x-rays, if needed, will be performed before your appointment with the physician. Patients are seen in the order in which they are scheduled.

At the Peoria location, as you move from one area to another (i.e., lab to pod waiting room) the staff will be notified electronically. Do not worry about checking in with staff other than the receptionists at the front door. If, for any reason, you are not able to keep your appointment, please notify us as soon as possible at 309-243-3000.

Where do I go when I arrive? **All other satellite clinics**
Please refer to the enclosed cover letter for instructions about your clinic location. There is also detailed information about each clinic location on the website ([www.illinoiscancercare.com](http://www.illinoiscancercare.com)) under “Clinic Locations.”

**All clinics:**
If you are a cancer patient, you may be wondering if your first visit with us will include treatment. The most likely answer is no, not until your physician makes a complete diagnosis and deems it necessary.

In addition, any concerns you have about insurance coverage will be addressed by our healthcare team and billing professionals (see financial section for more detail). Every visit our receptionist will verify your identification, address, phone number, current primary physician and current insurance information. Please notify our office immediately of any changes.
WELCOME TO ILLINOIS CANCERCARE

Appointment Procedures

Please bring a list of current medications to each appointment.
Before you meet one on one with an Illinois CancerCare physician, a medical assistant will take your vital information. Your provider will discuss specific issues related to your blood disorder and/or cancer diagnosis and treatment. The provider may need to run further tests to have a clearer understanding of the diagnosis and/or consider any special social services you might require at home.

Scheduling future appointments will be done at the time of check out. The schedulers will also schedule any required tests, procedures or hospitalizations.

Advanced Practice Nurses (APN)
An advanced practice nurse is a licensed RN who has completed a master’s or doctorate degree in nursing and is board certified. APN’s work in collaboration with your physician.

Cancellations, Late and Dismissal Policies

Cancellation and Late Policy
We understand that unplanned issues come up and that sometimes you will need to cancel appointments.

We ask that if you are unable to keep an appointment, please call our office at least 24 hours ahead of time so that the appointment time can be made available to other patients that require care. Please be aware that patients who consistently are late or miss appointments may be dismissed from our practice.

Dismissal Policy
At Illinois CancerCare, we are committed to providing each patient with the highest quality care while extending the utmost respect for each individual and their needs. In return, we also ask that our patients and their loved ones extend the same courtesy to our staff and physicians. Patients who demonstrate non-compliant, rude or disruptive behavior may be dismissed from our practice.
Inclement weather
Clinic hours may change due to inclement weather. Please do not begin travel until you have confirmed clinic opening time. If there are severe winter conditions, you may choose from the following three options:

- **ONE** Call 309-243-3010, after 6am, you will get a pre-recorded message that will tell you if the office is closed or opening late.
- **TWO** Watch or listen to local television stations and check on our Facebook page - **Illinois CancerCare Foundation** - for office closing or opening late messages.
- **THREE** Log onto www.illinoiscancercare.com for office closing or opening late messages. Weather announcements will be posted on the home page.

If the offices at Illinois CancerCare are closed, a staff person will be contacting you within 24 hours to reschedule your appointment.

**Holidays:** The following is a list of holidays that Illinois CancerCare observes:

- New Year’s Day
- Memorial Day
- Fourth of July
- Labor Day
- Thanksgiving Day
- Christmas Day

**Smoking or the use of any tobacco or nicotine products is not permitted anywhere at our clinics or on our grounds.**
Telephone Call Procedures

If there is anything we can help you with, please feel free to contact us by calling 309-243-3000 or 866-662-6567 (toll free). Here are the options for our phone system when you call:

- Press 2 for new patient referrals
- Press 3 to make or reschedule an appointment
- Press 4 for a prescription refill
- Press 5 for the billing office (direct line 309-243-3500)
- Press 6 for help with FMLA, disability or other paperwork.
- Press 7 to speak to a nurse regarding your treatment
- For all other calls please remain on the line

If you receive a pre-recorded message, clearly leave your name, date of birth and phone number. You will be called back within the day. Please spell your name when leaving a message and repeat your phone number.

Medical calls
Make a list of problems, concerns, and questions before you call the office. Keep a current medication list available. We will determine if your problem/question can be answered or if you need to be seen in our office that day. If it is beyond our ability to provide care at any of our clinics, we will have you go to a local emergency room or call 911.

Test results or refill requests
If you are calling for test results, remember that most physicians schedule a follow-up visit to discuss your test results. If your doctor has told you he/she will call with test results, please remember that may take several days before test results become available. The doctor must personally review the test before calling you about the results. Please call the office if you are waiting for your doctor to call with results and you have not heard back within a week. We will make sure those results are seen by your doctor as soon as possible.

Refill requests – if you receive a pre-recorded message, clearly leave your name, date of birth, phone number and the medication that needs to be refilled. You will be called back by the end of the day.

You may also use the patient portal to find test results, to request refills or to ask medical questions. Portal sign up is available on our website at www.illinoiscancercare.com.
After Hour Phone Calls

Between the hours of 5:00 PM and 7:30 AM telephone calls will be transferred to the answering service. The service will then contact the on-call Illinois CancerCare physician. The oncologist will call you back. Please have any medications, allergies, your pharmacy telephone number, and any other pertinent information available when you call. If your telephone blocks unknown calls, please “unblock” your phone while waiting for the physician to return your call.

Non-Discrimination Policy
Illinois CancerCare complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex.

Illinois CancerCare does not exclude people or treat them differently because of race, color, national origin, age, disability or sex.

Illinois CancerCare:
• Provides free aids and services to people with disabilities to communicate effectively with us when such auxiliary aids and serves are necessary to ensure an equal opportunity to participate, such as:
  • Qualified sign language interpreters
• Provides free language services to people whose primary language is not English when those services are necessary to provide meaningful access, such as:
  • Qualified interpreters
  • Information written in other languages

ATTENTION: if you do not speak English, language assistance services, free of charge, are available to you. Call 1-309-243-3000

Spanish

Polish
Patient Portal

A patient portal is an on-line website allowing access to your health information safely, quickly and easily. We believe that providing tools to assist you in participating in your care allows us to provide optimal care.

To join the portal, provide your email address on the patient registration form. An invitation to join the portal will then be sent to your email address. Click the link and follow the instructions to set up your portal account. Access to the portal is through the Illinois CancerCare website at www.illinoiscancercare.com.

Please note that information security is very important to us. The portal is HIPPA compliant and uses security provisions including encryption and SSL technology similar to banking websites. Illinois CancerCare will never share your information. You control how you would like to receive information via the settings on the portal.

Studies have shown that patients who participate in their own health care have higher satisfaction rates and feel more in control. Illinois CancerCare is committed to providing you with the best care. Please take a moment to look at our new portal (www.illinoiscancercare.com). We hope you like the service and find it useful as you interact with your healthcare team.

The following are options that you can do on the portal.
• Access your health information 24/7 including clinical summaries after each appointment
• Receive personalized education specific to your diagnosis
• Review lab and test results (available 4-5 days after your provider appointment)
• Track your symptoms so you can easily communicate any issues with us
• Connect with an active community of survivors with your diagnosis
• Communicate with friends and family
• Designate a family or friend as a “caregiver” so they can have access to your health information and make updates on your behalf
• Request refills or communicate with your care team through the messaging feature

We are privileged to care for you and hope you find the patient portal useful for you, your friends and family. As always, please let us know if you have any questions.
Pharmacy and Prescriptions

The Illinois CancerCare Peoria, Bloomington/Normal, Galesburg, Pekin and Peru facilities have full retail pharmacies on-site that specialize in cancer pharmacy issues, such as interactions with cancer drugs. Most pharmacists would not have this expertise.

The Illinois CancerCare pharmacies are reserved for use by Illinois CancerCare patients only thereby reducing the time patients spend waiting for prescriptions to be filled. The pharmacies stock many hard-to-find cancer and blood medications and the prices are very reasonable. The Illinois CancerCare Pharmacies accept most prescription insurance plans and are open whenever the clinics are open.

In addition to the on-site pharmacy, patients can order medication refills online through the patient portal or from the website www.illinoiscancercare.com. Just log in and fill out the refill order form.

Free delivery service is available during normal business hours.

Free Federal Express service is available to those living outside the delivery area.

Hours of Operation – Monday – Friday
Peoria Clinic: 8:00am to 5:00pm
All other Clinics: 8:30am to 5:00pm

Pharmacy Contact
Peoria: 309-243-3404
Bloomington/Normal: 309-243-3018
Galesburg: 309-243-3017
Pekin: 309-243-3014
Peru: 309-243-3019
Pharmacy Patient Bill of Rights and Responsibilities

As a patient receiving our Pharmacy services and to ensure the finest care possible, we want you to understand your role, rights and responsibilities involved in your own plan of care. Part of providing care is open and honest communication, respect for personal and professional values, and sensitivity to differences.

It is the Patient’s right to:

- Choose where you receive pharmacy services.
- Receive considerate and respectful care.
- Receive medication in a professional manner without discrimination relative to your age, sex, race, religion, ethnic origin, sexual preference or physical or mental handicap.
- Discuss and request information related to your specific drug therapy including possible side effects, drug interactions, and cost of therapy.
- Make decisions about drug therapy prior to and during course of treatment and to refuse a recommended treatment.
- Have your plan of care remain private and confidential, and expect that pharmacy staff will emphasize confidentiality about your treatment with other parties entitled to review your information and records.
- Receive instructions on handling drug recall.
- Express concerns, grievances, or recommend changes to your Pharmacy services without fear of discrimination or reprisal.
- Decline pharmacy services at any point in time.

The Collaborative nature of healthcare requires that patients and/or their families participate in their care. Effectiveness of patient care and satisfaction with the course of drug therapy will depend in part on the patient fulfilling certain responsibilities.

Patient Responsibilities

- Provide accurate and complete information regarding your past and present medical history.
- Report any cancellation of scheduled appointments and/or treatments.
- Participate in the development and updating of drug therapy.
- Communicate whether you clearly comprehend the course of treatment.
- Comply with the plan of care and clinical instructions.
- Accept responsibility for your actions, if refusing treatment or not complying with, the prescribed treatment and services.
- To respect the rights of Pharmacy personnel.
- Notify your Physician and the Pharmacy with any potential side effects and/or complications.
- Notify Illinois CancerCare via telephone or in person when medication supply is running low so refill may be completed for you promptly.
- Submit any forms that are necessary to bill insurance or assist with drug therapy costs.
Financial Fees and Billing

Payments and Statements

- Co-pays for office visits, and all co-insurance are requested at the time of service.
- Financial Counselors are available to review costs of treatment and assist with other payment options.
- Responsibility for all bills incurred remains with the patient. If you have a financial problem, this should be discussed with the Business Office. A statement of your account will be sent to you monthly.

Insurance and Medicare

- Our office will bill your insurance company for all services.
- If you have Medicare, we will send all charges directly to Medicare for you. Our office is a participating provider with Medicare. Payment from Medicare will come directly to Illinois CancerCare. We will then bill your supplemental insurance if you have provided us with that information. After our office receives Medicare and/or supplemental insurance payment, you will be billed for any remaining balance.
- Patients with Illinois Department of Public Aid coverage must bring a current medical card at the time of each visit.
- If your insurance company requires you to have tests or be hospitalized at a particular hospital, please inform our receptionist. If you have tests ordered or need to be admitted per a phone conversation with one of our doctors, please inform them of your insurance requirements. Hospitalization pre-certification is the responsibility of the patient.
- Health insurance is designed to help you meet the cost of medical care; however, the basic responsibility of payment is yours. Your insurance contract defines to what extent the insurance company will reimburse for services rendered at Illinois CancerCare. There is not a contract between the insurance company and Illinois CancerCare. It is the obligation of the patient to notify our business office of any insurance changes.
Laboratory and Imaging

**Laboratory – Peoria clinic**
Hours 7:00 AM to 4 PM Mon-Thurs., 7:30 AM to 4 PM Fri. except holidays
Clinic sites - Imaging procedures and laboratory testing are available at clinic sites as well. The testing procedures will be explained per site.

Our lab is staffed with registered medical technologists and certified phlebotomists. Our phlebotomists can perform catheter draws as well as venipunctures.

Prescheduled laboratory work can be done 2-3 days before your appointment. If tests are to be done the day of your appointment, they will be performed before you meet with your care provider.

**Imaging – Peoria Clinic**
Hours 7:30 AM to 4 PM Mon.-Fri. except holidays
All radiology tests are by appointment only
Our experienced technologists are licensed in Radiography, CT, and Nuclear medicine.

Technologies available at the Peoria clinic:
**X-ray – Chest x-rays and other plain x-rays**
You will be given an appointment time and date when your x-ray is scheduled.

**Dexa Scan**
A Dexa Scan determines your risk for osteoporosis. The test is completely painless and provides your risk score in just a few minutes. If you take calcium or Vitamin D supplements, please stop taking them one day prior to your exam. On the day of your exam, wear elastic waist pants and tennis shoes.

**Pet/Ct** – you will be given detailed instruction when your scan is scheduled.

**CT Scan** - you will be given detailed instruction when your scan is scheduled.

**All results will be reviewed by your physician.**
Clinical Trials/Research

Illinois CancerCare is committed to finding faster diagnoses, better treatments, and one day, a cure for cancer. Offering patients access to national clinical cancer research trials and cutting-edge treatment options, Illinois CancerCare is recognized among the top community research centers in the nation. Through its collaborative relationships, Illinois CancerCare is able to offer the benefits of clinical cancer research conducted through the National Cancer Institute, Mayo Clinic, University of Chicago, and other leading institutions. Our goal is to provide the most advanced cancer treatments possible in settings close to home where patients can be surrounded by family and friends.

The newest and most promising treatments are often available only through clinical cancer research trials. Participation in clinical trials is safe and benefits not only you, but future cancer patients as well. Nearly 9,000 Illinois CancerCare patients have participated in such trials.

As a patient, you may have an opportunity to be a part of a clinical trial using cutting edge drugs or treatment options. Please ask your physician if there is a clinical cancer research trial that is right for you. If so, a clinical research professional may spend time discussing research participation with you. Participation is always voluntary.

*If you would like more information about a clinical trial, please contact Illinois CancerCare at [309-243-3000](tel:309-243-3000) or access our website at www.illinoiscancercare.com to see a listing of clinical trials currently available at Illinois CancerCare.*
Genetic Testing

Genetics
Some families have a well-recognized increased risk of developing cancer. In most cases, the occurrence of cancer in more than one family member is coincidence, but some families will have a cancer family syndrome. In a cancer family syndrome, an individual can have an increased risk of developing one or more types of cancer due to their genetic makeup.

Illinois CancerCare refers patients interested in Genetics Testing to the Central Illinois Cancer Genetics Clinic (CICGC). The clinic is located inside Illinois CancerCare’s Peoria facility.

Family Cancer Risk Analysis
To determine your and your family’s risk of developing cancers that may develop as a result of genetics, and to determine your need for future cancer screening, an assessment will be performed.

During initial assessment, a CICGC representative will ask you a series of questions from which a pedigree, or a precise outline of your family’s cancer history, will be developed. An accurate and complete pedigree is the first step in determining if an individual or a family is at risk for a cancer family syndrome.

Gene testing is a laboratory blood test designed to detect inherited changes in a person’s DNA that increase their risk for cancer. Gene testing may or may not be conducted based upon your pedigree analysis.

The clinic will review your personal and family cancer history, evaluate potentially inherited cancers in your family, and construct a pedigree, then develop your personal cancer risk assessment. Based upon your personal assessment, CICGC will provide genetic counseling and advice regarding cancer prevention.
**Volunteer Services**

**Jodi McDuffee**  
Volunteer Coordinator – Illinois CancerCare

**Contact Information**  
Office Phone: 309-243-3502  
E-mail: jmcduffee@illinoiscancercare.com

**Our dedicated Volunteers:**
- Greet patients and visitors  
- Provide a listening ear  
- Maintain patient snacks and beverages  
- Provide reading materials in all patient areas  
- Provide iPads for patient’s use  
- Provide warm blankets

Most of our volunteers are cancer survivors or family members of our patients. All of our volunteers share the desire to brighten the lives of our patients while they are going through their cancer journey.

Illinois CancerCare staff applaud our dedicated volunteers and are proud to call them a part of the Illinois CancerCare family.

If you or a loved one is interested in volunteering at Illinois CancerCare please contact Jodi McDuffee, Volunteer Coordinator.
Counseling and Support Services

Kitty Bienemann MA, NCC, LCPC
Licensed Clinical Professional Counselor
Hult Center for Healthy Living

Contact Information at Illinois CancerCare
Office Phone: 309-243-3461
E-mail: kbienemann@hulthealthy.org

Hult Main office: 309-692-6650
www.hulthealthy.org

Services
- Individual/Family Counseling
- Networking Support Groups
- Coping/Emotional Support
- Caregiver Support

Network and Support Groups
Networking Support Group - a gathering of people with cancer and their caregivers, facilitated by a licensed clinical counselor, to discuss issues and concerns that arise from the human side of cancer and the impact a diagnosis can have on daily life.
- Multiple Myeloma and Blood Cancers (all cancer types welcome): every Wednesday, 1:00 - 3:00p, Knoxville location in the Hult Building.
- Gynecological Cancers: every Monday, 3:30 - 5:00p, Route 91 Illinois CancerCare Classroom.

Anyone attending a networking or support group for the first time is encouraged to R.S.V.P. to 309-243-3461, although drop-ins are welcome. Kitty is located within the Illinois CancerCare Peoria Clinic.
Grace Hensold, RDN, LDN
Registered Dietitian (Peoria Clinic)
Hult Center for Healthy Living
Contact Information
Office Phone: 309-243-3464
E-mail: ghensold@hulthealthy.org

Jeanna Rich, RDN, LDN
Registered Dietitian (Satellite Clinics)
Hult Center for Healthy Living
Contact Information
Office Phone: 309-243-3462
E-mail: jrich@hulthealthy.org

Hult Main office: 309-692-6650
www.hulthealthy.org

Proper nutrition can help you tolerate treatment better, heal faster, and overall feel better. It is important to eat a well-balanced diet and address nutrition symptoms early. Meet with a Registered Dietitian to find out how you can get the proper nutrition to help you maintain energy and strength. Individual consultations are free and tailored to you.

We can help with problems such as:
- Poor appetite
- Changes in taste
- Dry or sore mouth
- Difficulty swallowing
- Feeding Tube Management
- Nausea
- Diarrhea/constipation
- Weight loss or weight gain
- Nutrition after treatment
- Protein Supplements
- Preparing for Surgery or Radiation
- Breast Cancer Survivor Weight Management Program
**Kids Konnected**

**Greta Whittemore, MA, LPC**  
Oncology Psychosocial Services Specialist  
Coordinator of Kids Konnected

**Contact Information**  
Office Phone: 309-672-5785  
E-mail: gretchen.whittemore@unitypoint.org

**What is Kids Konnected?**  
Kids Konnected provides compassion, support, friendship, and learning for kids, ages 5-18, whose lives are touched by a parent or caregiver with cancer. Kids Konnected is a free program offered by the Hult Center for Health Living and is made possible, in part, by a grant from the Susan G. Komen Memorial Affiliate in Peoria.

**Why Kids Konnected?**  
- Kids with a parent or caregiver with cancer may feel very isolated.  
- A support program with kids going through similar things is a great comfort.  
- Members have discovered that Kids Konnected provides them with fun, friendship, support and cancer education.

**WHO:**  
Anyone age 5 – 18 whose lives are touched by a parent or caregiver with cancer.

**WHAT:**  
A supportive care program coordinated and led by a licensed professional to provide support, friendship and education to children whose parents or caregivers have or have had cancer.

**Email:**  
gretchen.whittemore@unitypoint.org. Family events are held 4 times a year, please call 309-672-5785 for more information.
Social Services

Janette Murphy
Patient Navigator – American Cancer Society

Contact Information
Office Phone: 309-243-3635
Cell Phone: 309-678-8981
E-mail: janette.murphy@acs.org

Illinois CancerCare has partnered with the American Cancer Society (ACS) to help cancer survivors and their caregivers access community-based resources and support. Illinois CancerCare was chosen as the first site for ACS’ Patient Navigation program. ACS can assist you with:

- Transportation (to and from cancer related appointments)
- Free wigs; Local wig bank
- Lodging needs
- Information about one-on-one support
- Access to homemaking assistance and medical equipment
- Reach to Recovery – A free program with specially trained volunteers to help people through their breast cancer experience
- Advanced Directives
- Free Personal Health Managers – medical information organizer
- Free cancer information: 800-227-2345 or visit cancer.org
Partnership Services

Illinois CancerCare is proud to partner with the Hult Center for Healthy Living and the American Cancer Society (ACS) to provide the following services to our patients and families.

Name: __________________________________________ City/State/Zip: ________________________
Address: __________________________________________ Type of cancer: ________________________ Doctor: ________________________
Date of birth: ______________ Today’s date: ______________ Phone: ________________________

I would like more information about the following services:

- Help for children coping with a parent who has cancer (Kids Konnected/Hult)
- Support Groups (Hult)
- Individual counseling for the patient, family members, or caregivers (Hult)
- Massage therapy for patients in treatments (offered at a reduced rate) (Hult)
- Massage therapy for caregivers of patients in treatments (offered at a reduced rate) (Hult)
- Healthy Living classes (yoga, exercise classes, Tai Ji, meditation) (Hult)
- Nutritional counseling (Hult)
- Meal resources/home delivered meal programs (fee may be required) (ACS)
- Homemaker services, cleaning, errands, general assistance (per service fees apply) (ACS)
- Financial assistance for treatment, medications, or medical supplies (ACS)
- Transportation assistance for appointments (four days notice required) (ACS)
- Lifeline® Home Emergency Response System (monthly service fee) (ACS)
- Wigs, hats, turban resources (ACS)
- Reach to Recovery (Breast Cancer Support Program) (ACS)
- Lodging information (ACS)
- Living will/power of attorney directives (ACS)

All services are free unless otherwise noted.

FOR MORE DETAILED INFORMATION ABOUT THESE SERVICES, SEE THE SOCIAL SERVICES SECTION OF THIS PACKET.

For any Hult services you have checked, you may either receive a phone call, e-mail, or U.S. mail from the Hult Center for Healthy Living regarding these services. For any ACS services, please contact ACS at 800-227-2345 or submit the ACS patient referral form that is included in this packet.

Would you like more information about or receive any of the following publications?

- Clinical Cancer Research Trials
- Hult Center for Healthy Living mailing list by e-mail: ____________________________
- Illinois CancerCare newsletter by e-mail: ____________________________
- No, not at this time