



## Mission

**To provide comprehensive, compassionate care that enhances the lives of patients and their families.**

Illinois CancerCare has provided medical care for patients with cancer and blood disorders since 1977. Illinois CancerCare is one of the largest private oncology and hematology practices in the nation. We were among the first to bring physicians, nurses and state-of-the-art cancer and blood disorder treatment to patients right in their home-town communities. Almost every resident of central Illinois who needs it can receive the very best care and latest treatments within an hour from his or her home, eliminating the burden of long travel and unfamiliar surroundings during a difficult time.

As you read through this information, please know that our physicians, advanced practice nurses, nurses, and staff are always available to answer your questions. We understand that you may feel anxious and overwhelmed and we want to assure you that we will do everything in our power to make you comfortable.

Please try to watch the DVD that is included in this packet, you will know a little more about our practice and you will be aware of the opportunity to be involved with our Research Department.

Take advantage of our website at [www.illinoiscancercare.com](http://www.illinoiscancercare.com).

We have a patient portal at our practice. A patient portal is an on-line web site allowing you to access your health information safely quickly and easily. We believe that providing you with useful tools to participate in your care will allow us to take care of you in the most optimal way.

To join the portal, provide us with your email address on our patient registration form. An invitation to join the portal will be sent to our email address. Click the link and follow the instructions to set up your portal account. Access to the portal is through the Illinois CancerCare website at [www.illinoiscancercare.com](http://www.illinoiscancercare.com). The cover letter included should give you instructions about the clinic that you will be visiting to see your Illinois CancerCare physician. Also there is detailed information about each location, under "Clinic Locations" on our Web site, [www.illinoiscancercare.com](http://www.illinoiscancercare.com).

You will receive information about the Healthcare Insurance Portability and Accountability Act of 1996 (HIPAA) Privacy Rule, which created national standards to protect individuals' medical records and other personal health information. The law enables patients to find out how their information may be used, and about certain disclosures of their information that have been made.



## Locations



### Peoria Center

(8AM – 5PM) M-F  
309-243-3000  
Toll Free - 866-662-6564  
8940 North Wood Sage Road  
Peoria, IL 61615

### Kewanee Clinic

Monday only  
309-852-0596  
OSF Saint Luke  
Medical Center  
– Specialty Clinic  
1051 West South St.  
Kewanee, IL 61443

### Bloomington/Normal Clinic

(8AM – 5PM) M-F  
309-662-2102  
3105 Magory Drive  
Bloomington, IL 61704

### Macomb Clinic

T & Th only  
309-833-3503  
501 E Grant St.  
Macomb, IL 61455

### Canton Clinic

W - Th Only  
309-649-8960  
180 S. Main Street  
Suite 2E  
Canton, IL 61520

### Ottawa Clinic

M-T-F only  
815-431-9270  
Fox River Cancer  
Center  
1200 Starfire Drive  
Ottawa, IL 61350

### Carthage Clinic

Tuesday only  
217-357-6877  
Carthage Memorial Hospital  
– Memorial Medical Building  
1450 N. Co. Rd. 2050  
Carthage, IL 62321

### Pekin Clinic

M-T-W-Th only  
309-353-0214  
603 S 13th St.  
Suite E  
Pekin, IL 61554

### Eureka Clinic

Wednesday only  
309-467-2371  
101 S. Major St.  
Eureka, IL 61530

### Peru Clinic

M-T-W-Th &  
1<sup>st</sup> F of each month  
815-223-7010  
Valley Regional Cancer  
Center  
4391 Venture Dr.  
Peru, IL 61354

**After hours, weekend and holiday Emergency  
Call 309-243-3000**

**(answering service will take call)**

Bloomington Clinic – 309-662-2102

### Other important numbers

Illinois CancerCare Retail Pharmacy – 309-243-3404

Quality Assurance – 309-243-3456

*(share your opinions, comments, concerns and suggestions)*

### Galesburg Clinic

M-F  
309-341-3000  
336 Home Boulevard  
Galesburg, IL 61401

### Princeton Clinic

Thursday only  
815-875-3010  
530 Park Ave East  
Fourth Floor  
Princeton, IL 61356



## First Visit

As a patient new to Illinois CancerCare, you probably have some questions about our facilities and preliminary procedures. The following information will give you an overview of what to expect. Try to bring someone with you as you will receive a lot of information and having more than one set of ears to listen is helpful.

### **Where do I go when I arrive? *Peoria Clinic***

Ample parking is available at our medical facility. If you have a disability, several parking spots for handicapped individuals are available at the front of the building. Please take advantage of our circular drop-off area and volunteers who are available to help you get inside the building. Once inside, please check in with the receptionist, who will direct you to your appointment location. If you are scheduled for lab work or an x-ray, this will most likely be handled before your visit with one of our physicians. Since appointments are scheduled in advance, patients are seen in the order scheduled. Arriving early will not get you in to see the doctor before your appointment time.

If, for any reason, you cannot keep your appointment, please notify us as soon as possible.

At the Peoria Clinic you will proceed through the building and will be electronically queued from one place to another. Do not worry about checking in with anyone other than the front door receptionists.

### **Where do I go when I arrive? *All other satellite clinics***

The cover letter that you received with this packet should give you instructions about the clinic that you will be visiting to see your Illinois CancerCare physician. Also there is detailed information about each location, please see specific clinic instructions under "Clinic Locations" on our Web site, [www.illinoiscancercare.com](http://www.illinoiscancercare.com).

### **All clinics:**

If you are a cancer patient, you may be wondering if your first visit with us will include treatment. The most likely answer is no, not until your physician makes a complete diagnosis and deems it necessary.

In addition, any concerns you have about insurance coverage will be addressed by our healthcare team and billing professionals. (see financial section for more detail) Every visit our receptionist will verify your identification, address, phone number, current primary physician and current insurance information. Please notify our office immediately of any changes.



## Appointment Procedures

### **Please bring a list of current medications to each appointment.**

Before you meet one-on-one with an Illinois CancerCare physician, a medical assistant will take your vital information. Your provider will discuss specific issues related to your blood disorder and/or cancer diagnosis and treatment. The provider may need to run further tests, to have a clearer understanding of the diagnosis and/or consider any special social services you might require at home.

Scheduling future appointments will be done at the time of check out. The schedulers will also schedule any required tests, procedures or hospitalizations.

### **Advanced Practice Nurses (APN)**

An advanced practice nurse is a licensed RN who has completed a master's or doctorate degree in nursing and is board certified. APN's work in collaboration with your physician.

### **Inclement weather**

If the weather is inclement and the office decides to close or decides to start later than normal you can find this information by the following means:

- Call 309-243-3010 to listen to a pre-recorded message announcing any changes in the Peoria office's hours or the satellite clinics' hours.
- Watch/listen to the local TV/radio stations for a closure announcement.
- Check the internet for announcements at [www.illinoiscancercare.com](http://www.illinoiscancercare.com).
- If the offices at Illinois CancerCare are closed a staff person will be contacting you within 2 days to reschedule your appointment.

**Holidays:** The following is a list of holidays that Illinois CancerCare observes:

- New Year's Day
- Memorial Day
- Fourth of July
- Labor Day
- Thanksgiving Day
- Christmas Day

**Smoking or the use of any tobacco or nicotine products is not permitted anywhere at our clinics or on our grounds.**



## Telephone Call Procedures

Here are some of the options on our phone system to press when you call:

- All medical questions and scheduling questions stay on the line
- Test results or refills Press 2

If you receive a voice message - Clearly leave your name, Date of birth and phone number and you will be called back within the day. It is a good idea to spell your name when leaving a message as it makes it more clear who is calling.

### **Medical calls**

Make a list of problems, concerns, and questions before you call the office. Keep a current medication list available.

We will determine if your problem/question can be answered or if you need to be seen in our office that day. If it is beyond our ability to provide care at any of our clinics we will have you go to the Emergency Room or call 911.

### **Test Results or Refill requests - Press 2 in phone options**

If you are calling for test results, remember that most physicians schedule a follow-up visit to discuss test results with you. If your doctor has told you he or she will call you with test results, please remember that may take several days for test results to become available. The doctor must personally review the test before you can receive a call about the results. If you are waiting for your doctor to call with results and you have not heard back within a week please call the office. We will make sure those results are seen by your doctor as soon as possible.

Refill requests – if you receive a voice message leave your name, Date of birth, phone number and the medication that needs to be refilled. You will be called back by the end of the day.

**You may also use the patient portal to find test results, to request refills or to ask medical questions. Portal sign up is available on our website at [illinoiscancercare.com](http://illinoiscancercare.com).**



## After Hour Phone Calls

Between the hours of 5PM and 8AM a phone call will be transferred to the answering service who will then call the oncologist on-call. The oncologist will call you back but may not be familiar with your situation if they have not had time to pull up your record from the electronic health record.

Please have any medications, allergies, and your pharmacy telephone number and any other pertinent information ready when you call. If your phone blocks unknown calls, please "Unblock" your phone while waiting for the doctor to call you.



## Patient Portal

A patient portal is an on-line web site allowing you to access your health information safely, quickly and easily. We believe that providing you with useful tools to participate in your care will allow us to take care of you in the most optimal way.

To join the portal, provide us with your email address on your patient registration form. An invitation to join the portal will be sent to your email address. Click the link and follow the instructions to set up your portal account. Access to the portal is through the Illinois CancerCare website at [www.illinoiscancercare.com](http://www.illinoiscancercare.com).

Please note that security is very important to us. Our portal is HIPPA compliant and uses security provisions including encryption and SSL technology similar to banking websites. We will never share your information and you control how you would like to receive information via your settings on the portal.

Studies have shown that patients who participate in their own health care have higher rates of satisfaction and feel more in control. We are committed to providing you with the best care. Please take a moment to look at our new patient portal today. We hope you like the service and find it useful as you interact with our practice.

### **The following are options that you can do on the portal.**

- Access your health information 24/7 including clinical summaries after each appointment
- Receive personalized education specific to your diagnosis
- Review lab and test results
- Track your symptoms so you can easily communicate any issues with us
- Connect with an active community of survivors with your diagnosis
- Communicate with friends and family
- Designate a family or friend as a "caregiver" so they can have access to your health information and make updates on your behalf

In the future, we will be providing you with additional functionality to communicate with us including prescription refill, billing questions, and appointment reminders.

We will notify you via the portal when these new features are available.

*We are privileged to care for you and hope you find our patient portal useful for you, your friends and family. As always, please let us know if you have any questions.*



## Pharmacy and Prescriptions

The Illinois CancerCare **Peoria facility, Bloomington facility and Galesburg facility have** full retail pharmacies on-site that specialize in cancer pharmacy issues, such as interactions with cancer drugs. Most pharmacists would not have this expertise.

The Illinois CancerCare Pharmacies are reserved for use by Illinois CancerCare patients only which reduces the time patients spend waiting for prescriptions to be filled. They stock many hard-to-find cancer and blood medications and prices are very reasonable. The Illinois CancerCare Pharmacies accept most prescription insurance plans and are open whenever the clinics are open.

In addition to the on-site pharmacy, patients can order medication refills online through our patient portal or from our website [www.illinoiscancercare.com](http://www.illinoiscancercare.com). Just log in and fill out the refill order form.

**Free Delivery service is available in the Peoria area during the Center's normal business hours.**

**Free Federal Express service is available to those living outside Peoria's delivery area.**

**Pharmacy hours** – 8:00 to 5:00 Monday through Friday

**Peoria direct phone** – 309-243-3404

**Bloomington direct phone** – 309-243-3018

**Galesburg direct phone** – 309-243-3017



## Patient Bill of Rights and Responsibilities

As a patient receiving our Pharmacy services and to ensure the finest care possible, we want you to understand your role, rights and responsibilities involved in your own plan of care. Part of providing care is open and honest communication, respect for personal and professional values, and sensitivity to differences.

### It is the Patient's right to:

- Choose where you receive pharmacy services.
- Receive considerate and respectful care.
- Receive medication in a professional manner without discrimination relative to your age, sex, race, religion, ethnic origin, sexual preference or physical or mental handicap.
- Discuss and request information related to your specific drug therapy including possible side effects, drug interactions, and cost of therapy.
- Make decisions about drug therapy prior to and during course of treatment and to refuse a recommended treatment.
- Have your plan of care remain private and confidential, and expect that pharmacy staff with emphasize confidentiality about your treatment with other parties entitled to review your information and records.
- Receive instructions on handling drug recall.
- Express concerns, grievances, or recommend changes to your Pharmacy services without fear of discrimination or reprisal.
- Decline pharmacy services at any point in time.

The Collaborative nature of healthcare requires that patients and/or their families participate in their care. Effectiveness of patient care and satisfaction with the course of drug therapy will depend in part on the patient fulfilling certain responsibilities.

### Patient Responsibilities

- Provide accurate and complete information regarding your past and present medical history.
- Report any cancellation of scheduled appointments and/or treatments.
- Participate in the development and updating of drug therapy.
- Communicate whether you clearly comprehend the course of treatment.
- Comply with the plan of care and clinical instructions.
- Accept responsibility for your actions, if refusing treatment or not complying with, the prescribed treatment and services.
- To respect the rights of Pharmacy personnel.
- Notify your Physician and the Pharmacy with any potential side effects and/or complications.
- Notify Illinois CancerCare via telephone or in person when medication supply is running low so refill maybe completed for you promptly.
- Submit any forms that are necessary to bill insurance or assist with drug therapy costs.



## Financial Fees and Billing

### Payments and Statements

- Co-pays for office visits, and all co-insurance are requested at the time of service.
- Financial Counselors are available to review costs of treatment and assist with other payment options.
- Responsibility for all bills incurred remains with the patient. If you have a financial problem this should be discussed with the Business Office. A statement of your account will be sent to you monthly

### Insurance and Medicare

- Our office will bill your insurance company for all services
- If you have Medicare, we will send all charges directly to Medicare for you. Our office is a participating provider with Medicare. Payment from Medicare will come direct to our office. We will then bill your supplemental insurance if you have provided us with that information. After our office receives Medicare and/or supplemental insurance payment, you will be billed for any balance that remains.
- Patients with Illinois Department of Public Aid coverage must bring a current medical card at the time of each visit.
- If your insurance company requires you to have tests or be hospitalized at a particular hospital, please inform our receptionist. If you have tests ordered or need to be admitted per a phone conversation with one of our doctors please inform them of your insurance requirements. Hospitalization Pre-certification is the responsibility of the patient.

### Credit Policy

- Health insurance is designed to help you meet the cost of medical care; however, the basic responsibility of payment is yours. Your insurance contract defines to what extent the insurance company will reimburse for services rendered at Illinois CancerCare. There is not a contract between the insurance company and your doctor. It is the obligation of the patient to notify our business office of any insurance changes.



## Laboratory and Imaging

### **Laboratory – Peoria clinic**

**Hours 7:30 AM to 4 PM M-F except holidays**

**Clinic sites - Imaging procedures and laboratory testing are available at clinic sites as well, the testing procedures will be explained per site.**

Our lab is staffed with registered medical technologists and certified phlebotomists. Our phlebotomists can perform catheter draws as well as venipunctures.

Prescheduled laboratory work can be done 2-3 days before your appointment. If tests are to be done the day of your doctor's appointment, please arrive 30 to 45 minutes early so we can complete the tests before you see your doctor.

### **Imaging – Peoria Clinic**

**Hours 7:30 AM to 4 PM M-F except holidays**

**All radiology tests are by appointment only**

Our experienced technologists are licensed in Radiography, CT, and Nuclear medicine.

Technologies available at the Peoria clinic:

#### **X-ray – Chest x-rays and other plain x-rays**

You will be given an appointment time and date when your x-ray is scheduled

#### **Dexa Scan**

A Dexa Scan determines your risk for osteoporosis. The test is completely painless and provides your risk score in just a few minutes. If you take calcium or Vitamin D supplements, please stop taking them one day prior to your exam. On the day of your exam, wear elastic waist pants and tennis shoes.

**Pet/Ct** – you will be given detailed instruction when your scan is scheduled.

**CT Scan** - you will be given detailed instruction when your scan is scheduled.

**All results will be reviewed by your physician.**



## Clinical Trials/Research

Illinois CancerCare is committed to finding faster diagnoses, better treatments, and one day, a cure for cancer. Offering patients access to national clinical cancer research trials and cutting-edge treatment options, we are recognized among the top community research centers in the nation. Through its collaborative relationships, Illinois CancerCare is able to offer the benefits of clinical cancer research conducted through the National Cancer Institute, Mayo Clinic, University of Chicago, and other leading institutions. Our goal is to provide the most advanced cancer treatments possible in settings close to home where patients can be surrounded by family and friends.

The newest and most promising treatments are often available only through clinical cancer research trials. Participation in clinical trials is safe and benefits not only you, but future cancer patients as well. Nearly 9,000 Illinois CancerCare patients have participated in such trials.

As a patient, you may have an opportunity to be a part of a clinical trial using cutting edge drugs or treatment options. Please ask your physician if there is a clinical cancer research trial that is right for you. If so, a clinical research professional may spend time discussing research participation with you. Participation is always voluntary.

*If you would like more information about a clinical trial, please contact Illinois CancerCare at **309-243-3000** or access our website at [www.illinoiscancercare.com](http://www.illinoiscancercare.com) to see a listing of clinical trials currently available at Illinois CancerCare.*



## Genetic Testing

### Genetics

Some families have a well-recognized increased risk of developing cancer. In most cases, the occurrence of cancer in more than one family member is coincidence, but some families will have a cancer family syndrome. In a cancer family syndrome, an individual can have an increased risk of developing one or more types of cancer due to their genetic makeup.

Illinois CancerCare refers patients interested in Genetics Testing to the Central Illinois Cancer Genetics Clinic (CICGC). The clinic is located inside Illinois CancerCare's Peoria facility.

### Family Cancer Risk Analysis

To determine your and your family's risk of developing cancers that may develop as a result of genetics, and to determine your need for future cancer screening, a risk assessment will be performed.

During initial assessment, a CICGC representative will ask you a series of questions from which a pedigree, or a precise outline of your family's cancer history, will be developed. An accurate and complete pedigree is the first step in determining if an individual or a family is at risk for a cancer family syndrome.

Gene testing is a laboratory blood test designed to detect inherited changes in a person's DNA that increase their risk for cancer. Gene testing may or may not be conducted based upon your pedigree analysis.

The clinic will review your personal and family cancer history, evaluate potentially inherited cancers in your family, and construct a pedigree, then develop your personal cancer risk assessment. Based upon your personal assessment, CICGC will provide genetic counseling and advice regarding cancer prevention.



## Social Services

### Jodi McDuffee

Volunteer Coordinator – Illinois CancerCare

#### Contact Information

**Office Phone:** 309-243-3502

**E-mail:** [jmcduffee@illinoiscancercare.com](mailto:jmcduffee@illinoiscancercare.com)

#### **Our dedicated Volunteers:**

- Greet patients and visitors
- Provide a listening ear
- Maintain patient snacks and beverages
- Provide reading materials in all patient areas
- Provide iPads for patient's use
- Provide warm blankets

Most of our volunteers are cancer survivors or family members of our patients. All of our volunteers share the desire to brighten the lives of our patients while they are going through their cancer journey.

Illinois CancerCare physicians and staff applaud our dedicated volunteers and are proud to call them a part of the Illinois CancerCare family.

If you or a loved one is interested in volunteering at Illinois CancerCare please contact Jodi McDuffee, Volunteer Coordinator.



## Social Services

### **Kitty Bienemann MA, NCC, LCPC**

**Licensed Clinical Professional Counselor  
Hult Center for Healthy Living**



#### **Contact Information**

**Office Phone:** 309-243-3461

**Hult Main office:** 309-692-6650

**E-mail:** kbienemann@hulthealthy.org

www.hulthealthy.org

#### **Services**

- Individual/Family Counseling
- Networking Support Groups
- Coping/Emotional Support

#### **Network and Support Groups**

Networking Support Group - a gathering of people with cancer and their caregivers, facilitated by a licensed clinical counselor, to discuss issues and concerns that arise from the human side of cancer and the impact a diagnosis can have on daily life.

- Multiple Myeloma and Blood Cancers (all cancer types welcome): every Wednesday, 1:00 - 3:00p, Knoxville location in the Hult Building.
- Gynecological Cancers (patients only): every Thursday, 3:30 - 5:00p, UnityPoint Atrium Building Conference Room main floor.
- Cancer Caregivers (caregivers only): the first Tuesday of the month, 5:00 - 6:30p, Route 91 Peoria Cancer Center Classroom.

*Anyone attending a networking or support group for the first time is encouraged to R.S.V.P. to 309-243-3461, although drop-ins are welcome.*



## Nutritional Services

### **Katrina Sommer, RD, LDN**

Registered Dietitian (Peoria Clinic)  
Hult Center for Healthy Living

**Contact Information**

**Office Phone:** 309-243-3464

**E-mail:** [ksommer@hulthealthy.org](mailto:ksommer@hulthealthy.org)



**Hult Main office:** 309-692-6650

[www.hulthealthy.org](http://www.hulthealthy.org)

### **Jeanna Rich, RD, LDN**

Registered Dietitian (Satellite Clinics)  
Hult Center for Healthy Living

**Contact Information**

**Office Phone:** 309-243-3462

**E-mail:** [jrich@hulthealthy.org](mailto:jrich@hulthealthy.org)

Good nutrition can help you tolerate treatment better, heal faster, and overall feel better. It is important to eat a well-balanced diet and address nutrition symptoms early. Meet with a Registered Dietitian to find out how you can get the proper nutrition to help you maintain energy and strength. Individual consultations are *free* and tailored to you.

We can help with problems such as:

- Poor Appetite
- Changes in taste
- Dry or sore mouth
- Difficulty swallowing
- Nausea
- Diarrhea/constipation
- Weight loss or weight gain
- Nutrition after treatment
- Food safety

If you are interested in scheduling an appointment, contact Katrina or Jeanna.



## Kids Connected



## Greta Whittemore, MA, LPC

**Oncology Psychosocial Services Specialist  
Coordinator of Kids Konnetted**

### Contact Information

**Office Phone:** 309-672-5785

**E-mail:** [gretchen.whittemore@unitypoint.org](mailto:gretchen.whittemore@unitypoint.org)

### **What is Kids Konnetted?**

Kids Konnetted provides compassion, support, friendship, and learning for kids, ages 5-18, whose lives are touched by a parent or caregiver with cancer. Kids Konnetted is a free program offered by the Hult Center for Health Living and is made possible, in part, by a grant from the Susan G. Komen for the Cure Peoria Memorial Affiliate.

### **Why Kids Konnetted?**

- Kids with a parent or caregiver with cancer may feel very isolated.
- A support program with kids going through similar things is a great comfort.
- Members have discovered that Kids Konnetted provides them with fun, friendship, support and cancer education.

### **WHO:**

Anyone age 5 – 18 whose lives are touched by a parent or caregiver with cancer.

### **WHAT:**

A supportive care program coordinated and led by a licensed professional to provide support, friendship and education to children whose parents or caregivers have or have had cancer.

### **Email:**

[gretchen.whittemore@unitypoint.org](mailto:gretchen.whittemore@unitypoint.org). Family events are held 4 times a year, please call 309-672-5785 for more information.



## Social Services

### **Catherine Guebert, LCSW, OSWC** Patient Navigator – American Cancer Society



#### **Contact Information**

**Office Phone:** 309-243-3635

**E-mail:** Catherine.Guebert@cancer.org

Illinois CancerCare has partnered with the American Cancer Society (ACS) to help cancer survivors and their caregivers access community-based resources and support. Illinois CancerCare was chosen as the first site for ACS' Patient Navigation program. The Onsite Patient Navigator is Catherine Guebert, LCSW. Catherine is a Social Worker who can assist you with:

- Transportation
- Free wigs; Local wig bank
- Lodging needs
- Information about one-on one support
- Access to homemaking assistance and medical equipment
- Look Good...Feel Better<sup>®</sup> - free program that teaches beauty techniques to women undergoing cancer treatments
- Advanced Directives
- Free Personal Health Managers – medical information organizer
- Free cancer information: 800-227-2345 or visit cancer.org



## Partnership Services



Illinois CancerCare is proud to partner with the Hult Center for Healthy Living and the American Cancer Society (ACS) to provide the following services to our patients and families.

Name: \_\_\_\_\_  
Address: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_  
Type of cancer: \_\_\_\_\_ Doctor: \_\_\_\_\_  
Date of birth: \_\_\_\_\_ Today's date: \_\_\_\_\_ Phone: \_\_\_\_\_

### I would like more information about the following services:

- Help for children coping with a parent who has cancer (Kids Konneted/Hult)
- Support Groups (Hult)
- Individual counseling for the patient, family members, or caregivers (Hult)
- Massage therapy for patients in treatments (offered at a reduced rate) (Hult)
- Massage therapy for caregivers of patients in treatments (offered at a reduced rate) (Hult)
- Healthy Living classes (yoga, exercise classes, Tai Ji, meditation) (Hult)
- Nutritional counseling (Hult)
- Meal resources/home delivered meal programs (fee may be required) (ACS)
- Homemaker services, cleaning, errands, general assistance (per service fees apply) (ACS)
- Financial assistance for treatment, medications, or medical supplies (ACS)
- Transportation assistance for appointments (ACS)
- Lifeline® Home Emergency Response System (monthly service fee) (ACS)
- Wigs, hats, turban resources (ACS)
- Look Good Feel Better® (ACS)
- Housing/lodging information (ACS)
- Living will/power of attorney directives (ACS)

*All services are free unless otherwise noted.*

### FOR MORE DETAILED INFORMATION ABOUT THESE SERVICES, SEE THE SOCIAL SERVICES SECTION OF BINDER

Depending on what services you have checked, you may either receive a phone call, e-mail, or U.S. mail from the American Cancer Society or Hult Center for Healthy Living regarding these services.

### Would you like more information about or receive any of the following publications?

- Clinical Cancer Research Trials
- Hult Center for Healthy Living mailing list by e-mail: \_\_\_\_\_
- Illinois CancerCare newsletter by e-mail: \_\_\_\_\_
- No, not at this time